REFLECTION



A QuaranZine

Reflection: A QuaranZine

Writing and Artwork by Students from Youth Homes and Free Verse in the Missoula County Juvenile Detention Center

July 2020

Cover art by E

Walls

Thought I had eyes like obsidian, too dark to see through to my soul.

And a heart made of tungsten, too strong to break.

- So congratulations, because my heart is the hardest to break and my soul was barely visible. I told you I don't let people close because I'm afraid to get hurt, and that I tend to only push people away.
- I tried my hardest and completed these walls I built up only to have you destroy them.
- You told me you loved me and I was foolish enough to believe you.

'Cause all you did was tear me apart and damage me beyond repair.

- I learned my lesson.
- I built walls higher than Burj Khalifa.
- I vowed after you to never let anyone break down my walls or even let them down for anyone.
- I don't mean this in a malicious way.
- I still love and care about you, though I don't know why.

I've come to realize that maybe you enjoy hurting people because you're afraid you'll get hurt.

That's all right.

But it won't be that way forever.

All you need to do is think about it.

-KACP





My girlfriend drew me a picture in pencil and she said underneath "this is just some random girl," but it looks a lot like her although it is not her. The picture comes alive at night and she winks and moves her lips as if she wants a kiss. She makes me feel as if she is with me and not so far away.

When I'm lonely, I look at the picture and I think about her and all the memories that we have made and I wonder if I will live long enough to make a thousand more and millions after. When I look at the picture, I think that I want to make a life with her and possibly have children too, but with this virus killing everybody I don't even know if I will live long enough to fulfill my future as a man who made a 360 with his life and became the great loving, caring father that he never had and made life worth living, like his father never did. When I look at the picture of her, it's like I'm looking into the future with a telescope or really far down a dark, dark tunnel and seeing the light that was never there.

It's funny how someone can make you feel as if the world is great and nobody is doing drive-bys or killing or kidnapping innocent people. It's like she makes me think as if the world is perfect and no harm can be done to anyone. As if she were a drug that I use to take me to another level to deal with anxiety and depression, to escape the pain this world has to offer and lead me to a reality that no one else can see but me.

Everyone thinks that people always use drugs to escape reality but I use them to bring me to it. I'm going to prison and that picture of the girl she drew helps me escape the fact that I've made 24 major mistakes. It makes me look at how I can have millions of achievements and grow as a human being and as a man and help people who are like me, who never had anybody to help them through their struggles. I can be the person to light their candle in their dark room. I can possibly lead them down the road that never ends, one that has many beautiful sights to see, one that you don't have to pay to get to.

Many people I know struggle with addiction and loneliness but just because they use drugs doesn't make them bad people. Some of the most loving and caring people are addicted to some kind of drug. Most just use to numb their own pain so they can feel others' pain and help them. When people say you can't help people unless you help yourself first, it is not true. I've seen so many addicts help even sober people. People don't just use because they know it's bad, they use to shut up the voices in their head screaming at them that they're not good enough, the screaming voice in their head called sadness telling them to kill themselves. I have witnessed first-hand that drugs can save lives but they also can take them just as quickly.

Every time I have a craving I think of my 2-year old niece and the woman who drew me that picture and I realize that no matter how bad it gets I will never have to use again and ruin the joy that those two will give me "ever". When I stare at the picture of the girl in the dim light and it winks at me it's almost as if it's E. winking at me telling me it will be ok, I'm here with you. And suddenly a weight has been lifted from my shoulders and I can breathe again, I can focus. I know that when I get out she'll be there waiting for me and we can start our lives and with her love I can stay sober, and with me sober she can feel my love and know that it's real, that it's deep, that it's true. Our relationship isn't perfect but whose is? I'm not gonna lie, she runs away quick when things get bad but runs back just as fast if not faster when I better myself, man up, admit that it was my fault she left and just say sorry.

But it's not about saying sorry. It's about meaning it when you say it and proving it to the person you're saying it to and showing them you mean it. Saying sorry is a promise that you didn't mean to do or say what you did that made you say sorry in the first place. It's also a promise that you will go to any extent to better yourself and never do it again to the best of your ability. Saying sorry is about showing the person you hurt that you feel bad and that it not only hurt them but you hurt yourself too, and you want to move forward in your relationship and make sure the past is the past so you can both move on to better things. When you say sorry, don't follow it with an excuse or reason, either. Just simply say you're truly sorry. You don't have to explain yourself unless they hit you with the almighty "why". Be a good person and change the world by saying you're sorry and proving you truly mean it.

-R

In a dream I saw a light that was very far away, it hovered over miles of the darkest sea I've ever seen and the universe is mine but I haven't heard a thing, about where I will return

when it's finally the spirits and fields of things, yet to meet and that I keep. I'm not going keeping track state. Don't be always say but always been terrified of living you'll be fine terrified terrifying time. is not singing looking outside into the all. And I know It's the color in it's been there time to leave the trees, the the people I've the memories Don't be afraid away I'm just of my mental afraid is what I I am afraid. I've afraid. If you're like me, I hope cause we're together in this And being alive along or of the window darkness of it I love you Blue my heart and all along and I'll

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keep it after death. And like Sunday Morning told me it's "nothing at all" but a cloudless summer sky and a warm bright beam of light

Art by J

CHOPPY WATERS

LOVE IS LIKE AN ECHO IT COMES AND IT GOES LIKE THE

WATER WHEN IT FLOWS FROM THE GIRL IN THE

CORNER

SCREAMING AN ECHO HELP ME HELP ME SHE SAYS WHEN

HE TAKES HER AND GOES HE KNOWS ITS

NOT RIGHT

WHEN SHE FIGHTS TO LET GO BUT HE WILL NEVER KNOW

WHEN HIS PROMISES ARE BROKEN LIKE HES LOCKED UP

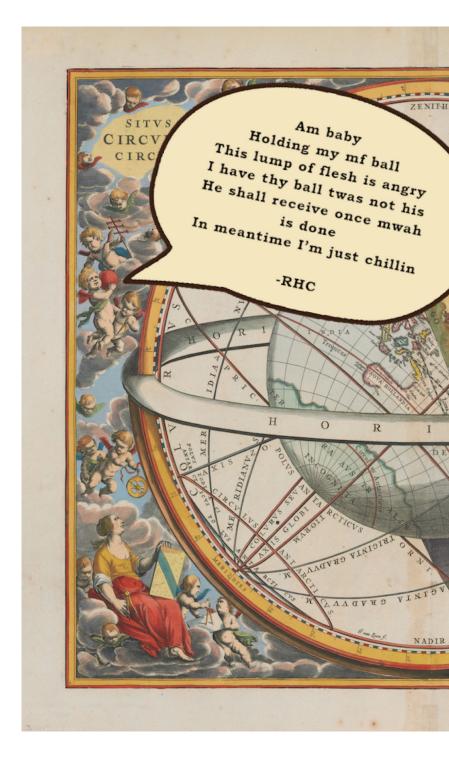
IN THE UNEXPECTED THAT WILL

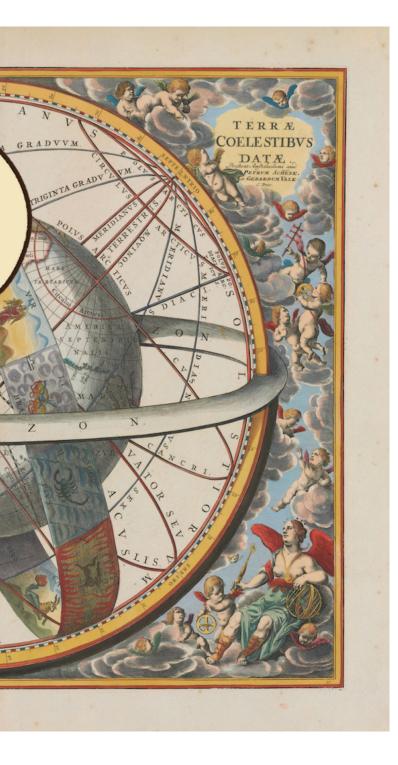
NEVER BE SPOKEN

BECAUSE OF THE THING HES DONE ITS LIKE HE KNOWS

ITS REAL DO YOU AGREE???

-RUE RUE





i battle my anger like i'm in a street fight, i tell it to go then it strikes, i battle it to leave me the f**k alone, i battle it so i don't hurt someone that i care for, i battle it so much that i die from not breathing, i am in a constant fight every day with it sometimes i win sometimes i get stomped but no matter what i battle that a**hole till he quits and decides to finally f**k off. - C.T.S

I don't know about these days they're so hard it's hard to know right from wrong I don't know if I can make it to the next day because all the bad Things going on in my life what if I just didn't wake up who knows It's going to be so hard but I know I can make it but there's one Thing I don't know if I'll see my family ever again it's gonna be Hard let's pray that I can make it don't know if it's gonna happen But let's pray lord please help me and my family come back To our old lives because I'm here and they're home while I'm In jail but just know I'm a believer so I'm going to end this song By saying amen

-T



Art by K

Poem of an Animal's Life

the dog is eating the cat is hunting the hamster is running the fish is swimming the lizard running -**T**

Where I'm from.

the Para and

I am from being abused and being poor and also where feeling are alway shut behind

I am from being foored is your super power and when you only you are seen as a

I am from where the word love is never Said and never to any out lound and hardly in your bed

I am from prayers that answered and everyday you look sadder and sadder. I am from a face that is hiding behind a smile and was never able to be just a

I am from a reservation that is hardly known and everyday you wear the same cloths.

Image @lishakov on Unsplash

Something that bugs the is that I'm always at home there's nothing to do we can't go about to forme nothing seems to fun overything gets real old fast can onever get out I now think about the past those time were real fun I remember the good days when I could see friends So they can be with me thru this world wide delay E have being by myself cause then I just think that it was not always me cause thuse things recully bug me NOW I'M SO SO sad My eyes are a whinipool of sticky, sweet, honey the honey that is loved by whinney the poo My eyes do not chose the books of money but are drown to the many beautiful things about you My eyes not only see the bad but always see the good



Dad found out later Then he made me bleed Had to plead No more belt He was drunk Didn't know how he felt Later I found out It was the drugs he dealt On his breath the smoke I smelt A place in my heart he held Never tell That's my gangster life hell

[PAUSE]

I was 4 Never lookin' more poor Went to the store While daddy wasn't lookin' Mommy sold 'erself like a whore Down with the door I was on the street that mornin' little past 4 It opened my core 'Fore I left Took the pistol out my junk drawer Saved me from getting mugged What better could I ask for?

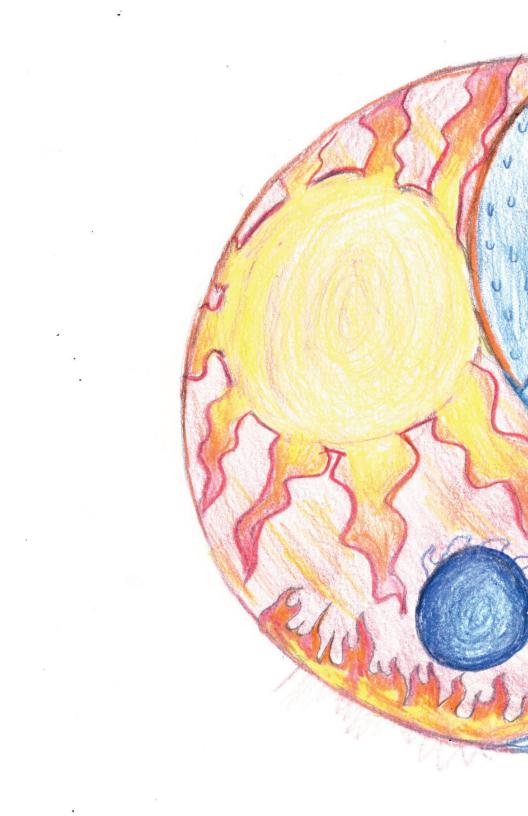
[Shorter PAUSE]

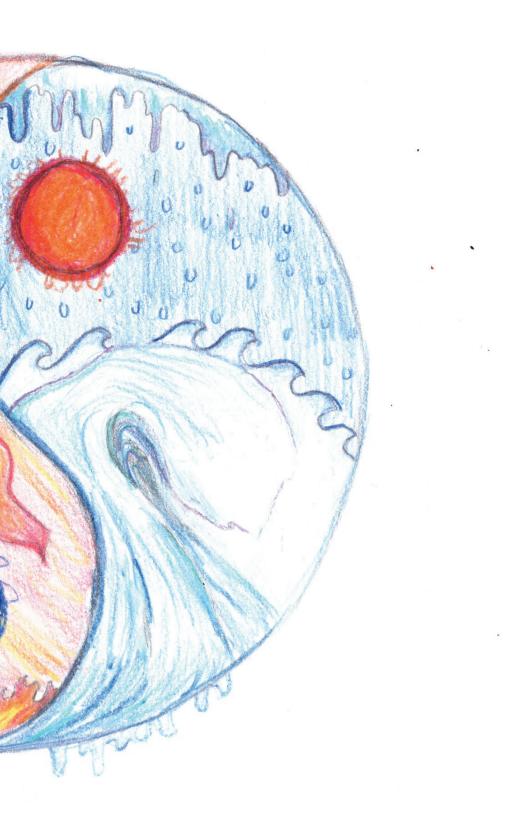
I was 5 Feds cookin' dad like a chive Aye Then he got sported My life all distorted The coke my momma snorted Too high

Can't 'member where she stored It Had to leave town Trynna floor It Feds on our ass Trvnna run Couldn't afford It My gangster like shorted While this song bein' recorded 'The fuck was I thinkin?' I retorted Child Spouse abuse and Bve Bye dad He was long gone deported Sat out on the porch wit my toybox while it was pourin' Waitin' for my new life Man Waitin' is so borin' Think my pain hurt so bad nobody was scorin' Couldn't tell if I needed a drag or Neosporin Finally Was at grannies Shit was so foreign I didn't realize that this was just a lure in Momma said goodbye 'fore I recognized the floorin' Ave Baby sister was just born Thought I was forsworn But before I could do anything It was off with the clothes I worn Too dirty

Too torn 'Bout 11:30 and it was still pourin' Took a bath and I felt important Cuz back on the streets We wasn't washin' We was endurin' Thats the curtain But not really They thought I was just silly I was actually feelin' a killy Anger levels goin' over a trilly Then grandpa started actin' like a goddamn hillbilly Left our family so far behind Like he went to philly Hit me 'bout a trilly I always said 'not really' Granny bust out the broom Hit me in my room Teachers Friends Trynna assume It just made 'er fume I knew if I didn't shut up I was at my doom Then came the big boom

(To be continued... in Issue 2!)





www.freeverseproject.org

www.youthhomeemt.org





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